



## 2017-2018 Alliance Coach Bio

**Name:** Ann Mullins

**Professional Background:** I am the Assistant Director/ Satellite Director and the 14 Mizuno Head Coach for Alliance VBC. I am also the Head Volleyball Coach at Father Ryan High School.

**Personal:** I am very thankful to have a large family. I have 2 amazing parents (Steve and Sarah), 4 sisters (Lynne, Marie, Ellen and Maggie), 2 brothers in law (Chad and Michael), and 6 nieces and nephews (Ellie, Ryan, Patrick, Luke, Nathan, & Reid)! We all live in Nashville, TN, which makes for a lot of quality family time.

**Education:** I graduated from Lipscomb University with a degree in Psychology in 2008 and received a Masters of Art in Learning and Teaching in 2010.

**Coaching:** I am entering my 14th season coaching club volleyball and my sixth season coaching at Alliance VBC. I am in my 9th season as a High School Head Coach and am currently at Father Ryan High School.

**Coaching Philosophy:** I was a player who brought energy, passion, and competitiveness to the floor. I believe hard-work, effort, and intensity are the three most important traits on and off the volleyball court. I look forward to sharing my experience and skill set with future Alliance players. I am excited to give back to the sport I love.

**Playing Experience:** I started playing at the age of 12 at Impact Volleyball Club. At Impact, my team qualified for the USAV National Tournament for 4 consecutive years, finishing runner-up at the 17 and 18 age group. I started for 3 years at Father Ryan High School from 2000-2002, playing in the state championship finals all 3 years. I received All- Region and All-State honors all three years. I went on to play in college as a libero for The University of Tennessee, before transferring to Lipscomb University. During my career at Lipscomb, my team won the Atlantic Sun championship in 2007, and had 1 NCAA tournament appearance.

**Top Volleyball Highlights:** At Lipscomb University, I was awarded the following: 4-time A Sun Defensive Player of the Week, 3-time Atlantic Sun First Team 2-time Atlantic Sun Defensive Player of the Year. I set the all-time career dig record at Lipscomb University, which ranks first all time in the Atlantic Sun Conference.